



Basic Ketamine Assisted Psychotherapy

Agenda

Session #1 - Introduction

Date: Friday, November 19, 2021

Time: 2PM to 5PM PT

- History and current regulatory/payment status of ketamine therapy
- Ketamine pharmacology: Mechanism of action, metabolism, drug-drug interactions
- Ketamine indications and contraindications
- Baseline and outcome assessments
- Consent issues including risks, benefits and alternatives.
- Q and A

Session #2 – Treatment

Date: Friday December 17, 2021

Time: 2PM to 5PM PT

- Ketamine routes of administration and dosing
- Adverse effects and management
- Monitoring recommendations
- Requirements for storage, accounting, and disposal of ketamine
- Q and A

Session #3 – Ketamine Assisted Psychotherapy Part 1

Date: Friday January 21th, 2022

Time: 2PM to 5PM PT

- Timing and Coordination of Psychotherapeutic Support
- Basic Somatic Approaches to KAP
- IFS for Ketamine Assisted Psychotherapy
- Q and A

Session #4 – Ketamine Assisted Psychotherapy Part 2

Date: Friday February 18th, 2022

Time: 2PM to 5PM PT

- Working with Queer Populations
- Integration Challenges
- Q and A