

Consent and Authorization to Record KAP Sessions and for Use of Recorded Material

As clinicians offering novel approaches to working with ketamine, we would like to know more about how our methods help people. In order to critique our work and hone our techniques, it may be helpful to collect material about treatment.

To do so, we are asking for your consent to make audio recordings of your session(s). These recordings may be used for the assessment of treatment efficacy, and/or for clinical supervision, and/or for your own personal use.

Provider Use of Recordings

The recordings may be reviewed privately by Healing Realms providers in order to improve clinical care, assess treatment efficacy, for clinical supervision, and/or for case consultations. It will be recorded and stored in accordance with our existing health records security protocols, which are compliant with state and federal laws that protect the privacy of health records. You may decline to have sessions recorded at any time. This recording agreement does not give us authority to use or disclose these recordings beyond the use and purposes outlined in this Consent and Authorization.

Client Use of Recordings

For clients who wish to make use of their KAP session material, we offer the possibility of sharing this recording with you. We can send you a link to our protected file to be privately accessed and stored locally.

Potential Benefits of Recordings

You may use this content to make notes for your own reflection, to bring to your integration sessions with your therapist, or to help you recall your experiences while under the influence. This can enhance the effectiveness of your treatment.

Potential Harms of Recordings

Confidentiality Risks

Once we have provided session material to you, we can no longer guarantee its security. Though we can not dictate what you do with them, we strongly suggest you keep these private and confidential, and make sure that they are stored in such a way that they can not be discovered by others. Sharing this content in public forums (blogs, social media, etc.) runs the risk of creating misunderstanding of your work with us, and could lead to you feeling exposed or distressed.

Content Risks

If we happen to discuss intense material from your life and history in session, we may want to deliberate together about any potential risks in listening to it outside of a supportive context. Some may become distressed by what they hear, or listen repeatedly and become overwhelmed.

Freedom to withdraw consent

I understand that I may withdraw previously granted consent at any time, and that this will not affect my treatment or relationship with our providers in any way. I further understand that supervisors/therapists who do not know me may be allowed to listen to the audio recording, subject to their agreement to maintain the confidentiality of the recorded content in accordance with California law.

In consideration of the above document, I give my permission to the Healing Realms providers to audio record our KAP sessions for the purposes indicated above.

Client _____

Date _____